

Parenting in the World of Autism:
Creating an atmosphere for success (without losing your mind)

Location: Douglas College – Westminster Campus
700 Royal Avenue, New Westminster, BC
1 block from New West Skytrain Station
Room: #2217
Time: First Thursday of the month: 6:30-9:30 pm
Dates: Oct. 6, Nov. 3, Dec. 1 in 2011
Jan. 5, Feb. 2, Mar. 1 and Apr. 5 in 2012
Fee: \$120.00

Class Structure:

The classes will consist of a variety of presentations, guided discussions, brief exercises, video demonstrations and question and answer times. Rather than a traditional lecture style, the classes are designed with a “round table” approach, where parents can bring questions, ideas and input in order to facilitate discussion. The presenters will endeavor to provide a broad, conceptual framework for the classes, in order that parents may take the information to their own consultants and teams, in order to structure details, strategies and programs specific to their child.

Readings (all books and other readings are included in the course fee)
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SOS Help for Parents: A Practical Guide for Handling Common Everyday Behavior Problems. Author: Lynn Clark.

The Power of Positive Parenting. Author: Glenn I. Latham

Additional materials will be provided by the instructors.

About the Instructors:

Danielle Eeuwes has worked with children and youth with autism for 11 years. She is currently working on her MSc in Applied Behavior Analysis and is working as a Junior Behavior Consultant supporting individuals with autism on Vancouver Island in home, school and community environments. Contact Danielle at: danielleeuwes@gmail.com

Tyla Frewing has recently completed a M.Sc. in Applied Behavior Analysis and is a Board Certified Behavior Analyst (BCBA). Tyla has worked with children and youth with autism for 10 years, and currently provides behavioral consultation to children and youth in the home and school environments. Contact Tyla at: tyla_frewing@yahoo.ca

Leah Mumford has worked with children and youth with autism for 12 years, and is working on her MEd in Special Education at UBC. She is currently working as a Junior Behavior Consultant supporting people with autism and their families in home, school and community environments. Contact Leah at: leahmumford@gmail.com

Sarah Pastrana has worked with children and youth with autism for 10 years. She is a Junior Behavior Consultant currently working on her thesis to complete her MSc in Applied Behavior Analysis. Contact Sarah at: sarahpastrana@hotmail.com

Theresa Tournemille has worked with individuals with autism for 11 years and has recently completed a Masters of Science in Behavior Analysis from St. Cloud State University. She has co-developed a premier model for 24-hour teaching homes (based on the principles of ABA) and is currently providing behavior consultation services under Dr. Sara White (BCBA-D) and Nate Searle (BCBA). Contact Theresa at: theresa.tournemille@gmail.com

Course Creation:

We would like to thank Dr. Sara White, BCBA-D and Sharon Baxter, MA, BCBA for reviewing and providing input and feedback on all course materials. Without their guidance and supervision, the creation of this course would not have been possible!

Class Schedule:

Date	Topic	Instructors	Information Covered
October 6, 2011	Introduction	Danielle Eeuwes Theresa Tournemille Leah Mumford Sarah Pastrana Tyla Frewing	<ul style="list-style-type: none"> • Introduction • Goal and focus of the workshop series • Structure of classes • What are your goals and challenges? • Communicating with your consultant • Using your team • Excesses and Deficits
October 3, 2011	ABA Basics	Sarah Pastrana Tyla Frewing	<ul style="list-style-type: none"> • The three term contingency • Motivating Operations/Setting Events • ABCs (Antecedent, Behavior, Consequence) • Principles of behavior: Reinforcement, punishment and extinction • Using the 3-term contingency
October 1, 2011	Functions of Behavior – Why?!	Danielle Eeuwes Tyla Frewing	<ul style="list-style-type: none"> • 4 common functions of behavior • How problem behaviors develop
October 5, 2011	Setting your child up for success – Antecedent Management	Leah Mumford Tyla Frewing	<ul style="list-style-type: none"> • Applications of reinforcement and motivation • Consistency • Transitions • Choice procedures

y 2, 2011	Once Problem Behavior has Occurred	Theresa Tournemille Sarah Pastrana	<ul style="list-style-type: none"> • Using Social Stories and visual schedules • Think about the function • Following through • Communication with your consultant • Collecting data • Working together (parental team, home-based team, with s and consultant, etc.) • Avoid rewarding behavior outside of the intervention (and w means)
1, 2012	Sibling/Family interactions	Leah Mumford Danielle Eeuwes	<ul style="list-style-type: none"> • Determining priorities • Structuring outings, events and daily routines for success • Creating positive sibling interactions • Parental input into and support from ABA program
, 2012	Challenges in the Community	Theresa Tournemille Leah Mumfod	<ul style="list-style-type: none"> • Community – eating out, daily events • Travel/Vacations • School • Consider skills, places, people that are relevant and in line term goals. Have a plan!
	Wrap Up/ Conclusion	Danielle Eeuwes Theresa Tournemille Leah Mumford Sarah Pastrana Tyla Frewing	<ul style="list-style-type: none"> • Examples of different ways to incorporate ABA into daily life • Examples of ways to maintain parent-consultant communic • Parent examples • Talk about things you've done